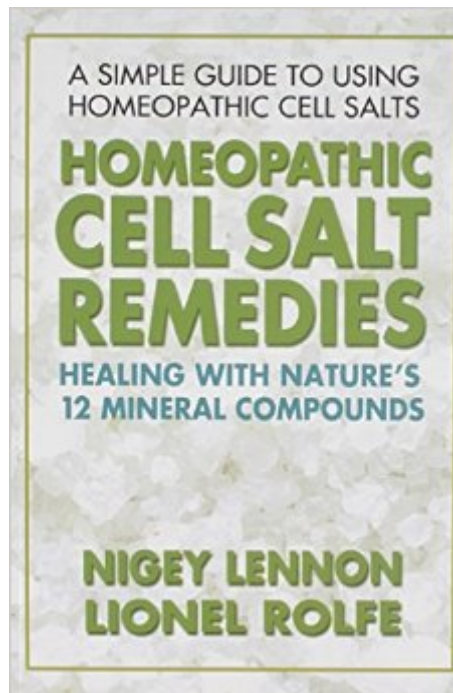


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# Homeopathic Cell Salt Remedies: Healing With Nature's Twelve Mineral Compounds



## Synopsis

In 1870, Dr. W. H. Schuessler discovered that cell salts are essential to maintaining health, and developed the use of twelve cell salt remedies. Homeopathic Cell Salt Remedies is a simple but comprehensive guide to healing with these mineral compounds. Part One describes each cell salt, explaining how it works and detailing its use. Part Two offers an A-to-Z listing of common disorders and the remedies that can treat them. Here is a much-needed introduction to the effective use of cell salts.

## Book Information

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Average Customer Review: 4.7 out of 5 stars [See all reviews](#) (74 customer reviews)

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## Customer Reviews

This is an excellent read concerning the 12 tissue salts. Here is a quick synopsis of the 12 life saving salts that could benefit your health:

**Calc fluor** Calcium fluoride is particularly abundant in the bones and teeth, blood vessel walls, muscles and connective tissue. This tissue salt strengthens weak, brittle bones and poor teeth enamel, and may heal bony outgrowths such as heel spurs. Calc fluor is also widely used to restore tissue elasticity when it is lax or overly stiff. It is recommended for skin cracks and fissures, and when the skin becomes thick and hard. It may help hernia pains and strained or hardened tendons. Calc fluor can help hemorrhoids and varicose veins. Wet weather may make symptoms worse, while warmth and massage can improve symptoms.

**Calc phos** Calc phos is important for the skeletal system, teeth and connective tissues. As a mineral compound, calcium phosphate constitutes over half of your bone structure. As a tissue salt, it is naturally helpful in healing fractures, for conditions relating to the digestive tract and for coldness and numbness

from poor circulation. Calc phos is often beneficial for anemia as well as for poor growth and development in children. It can promote the development of teeth and help with teething problems or decaying teeth. It can also be used to speed recovery when convalescence from illness is delayed. Pains related to Calc phos tend to be worse at night. Calc sulph Calc sulph is a blood purifier that is often useful with acne, abscesses, ulcers and wounds that have become infected. Calc sulph closes and clears up an infection. This remedy is indicated for infections that are slow to heal, and when the discharges are yellow, thick and possibly bloody.

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